

# Learners Updates (Jun - Aug 2017)

## Event Highlights

### Yoga Day:



A Guinness record attempt on International Yoga Day was celebrated on June 21<sup>st</sup> at Mysuru Race Course which witnessed more than 50,000 people. When the body is physically healthy, the mind is clear, focused and stress is under control. Yoga aims to achieve this through a series of physical exercise and meditation. Learners PU College with the strength of 200 students with the faculties was a proud contributor to this event.

### World Youth Skills Day - Skill Awareness Week:

This event was held throughout the week to provide opportunities for students to improve their science and math skills by conducting several subject wise skill competitions, seminars, mind mapping, science models and extempore.

### Prince Visit on Fresher's day:

Learners PU College celebrated the World Youth Skills Day and Fresher's Party on July 15<sup>th</sup> with His Highness Sri Yadhuvēer Krishnadatta Chamaraja Wadēyar as the Chief Guest. His Highness Yadhuvēer spoke admirably on the occasion highlighting the importance and relevance of education, skills and protecting environment and nature. We should leave behind a healthy future for the coming generation as our ancestors have left for us he said. His entire speech was inspiring, motivating and thought provoking.



## Seminar/ Workshop/Training Program

**Brain Training Program - June 10<sup>th</sup>:** A lecture by Dr. Zameer, a soft skill trainer and a doctorate in Biochemistry, where he talked about the capacity of brain and how much stress our brain can handle. He also talked about Rewarding System, a brain training technique by which students learnt how to utilize their brain for exchanging knowledge by socializing.

**Soft Skill Training –June 20<sup>th</sup>:** Mr. Nishanth Gautam, Chairman of All India Co-operative Council for Skill Development conducted a behavioral training, interpersonal relationship and leadership development programme.

**How to crack competitive exams?–July 18<sup>th</sup>:** Mr. Manish Gautam is the Director of Alternative Learning Systems, Delhi and Executive Editor of Competition Wizard. He is a mentor for IAS preparation. He delivered a session on how to crack and excel in competitive exams and he added that a dedicated preparation is the key to success.

**Special Lecture's by Andhra Teachers – August 15<sup>th</sup>:** Special lecture in Physics and Chemistry were delivered by experts from Andhra.

### Vikasana- Leadership Camp for Youth in V-LEAD - August 15<sup>th</sup> and 20<sup>th</sup>



Vivekananda Institute for Leadership Development of Hebbal, Mysuru, organized one day camp on personality development, attitude and time management. Our students attended this camp and learnt how to develop good personality, positive attitude in life, effective utilization of time. It helped the students to overcome stage fear and also reflect and express their ideas.

**Pranic Healing - August 23<sup>rd</sup>:** Pranic healing is a claimed healing system and it claims that Prana (energy) can heal ailments in the body by contributing to the person's energy field. Our students had an hour session with the volunteers of pranic healers where they guided them to practice basic routine in everyday life to spread positive energy and to increase concentration.

**Math Boot Camp – Sep 2<sup>nd</sup>:** An exclusive differentiation skill enhancement session conducted by the Department of Mathematics, Learners PU College.

## Unique features

**Check Sheet** : Check sheet is a learning guide. It sets out exact sequence of actions to be done by a student in order to learn new concepts/skills. Check sheet comprises of Synopsis, Key Words, and Questions with answers, CET/NEET/IIT questions, Answer Keys and Question Bank (Past five years) for each chapter.

**Assessment** : Chapter test is conducted after the completion of each chapter. Unit Tests are conducted covering the units covered.

**Mentoring** : Each student is assigned to a mentor who will track his/her academic performance and give guidance to improve/overcome the challenges faced.

**PTM** : Unit test is followed by a parent teachers meeting to update the students academic performance. Each student meets respective subject teacher along with parents where subject wise feedback given to improve their performance in the coming tests. An innovative way of involving students in PTM wherein the students present their performance appraisal using power point, explaining about their study hour schedule, strengths, areas of improvement and an action plan. The students are to follow the programme set out by them in the PTM strictly. This is subjected to periodical review.

**KVPY/ CET/ NEET/IIT/Remedial Classes:** Special coaching for KVPY/CET/NEET and IIT aspirants and remedial classes for the needy during weekends.

## Achievements

- **Mahadevaprasad R.** of II PUC won 3<sup>rd</sup> Place in 200m running in Taluk Level Sports Events 2017-18.
- **Mahadevaprasad R.** and **Vikas** of II PUC, **Afridulla** and **Dhanush K. S.** of I PUC won 3<sup>rd</sup> place in 4 x 400m relay in Taluk Level Sports Events 2017-18.
- **Riya** and **Likitha Shekhar**- selected for district level throw ball.

